

Welcome back to the Express

Unfortunately, level 4 lockdown prevented the printing and mailing of the March edition so this edition includes some of the articles and features originally prepared for that issue, some material we have been able to share with Members with internet connectivity during lockdown and some brand new articles.

There is a lot going on at the moment. There are new projects and competitions as well as information on revised dates and arrangements for the upcoming months. Most importantly though, we want to highlight three things:

Introducing:

The RWNZ +1 initiative

Membership is the hot topic at the moment and was the focus of the Leadership Team Hui in Wellington in February. This excellent forum gave the Board, Leadership Councillors, Area Committee Chairs and National Office staff the opportunity to think creatively about growing RWNZ's membership and the +1 initiative was born. RWNZ +1 means that we are asking each Member to find one new Member to join RWNZ this year.

RWNZ+1 = doubling RWNZ's membership this year.

Read more about +1 inside.



Introducing:

The Mighty Morning Tea Shout

The RWNZ Mighty Morning Tea Shout is a nationwide, co-ordinated opportunity to say thank you to the essential workers who worked through lockdown and all those who helped and supported others in their communities during New Zealand's Level 4 response to COVID-19.

There are people all over the country that deserve a huge thank you. Rural Women New Zealand wants to do this the traditional way by putting on a Morning Tea Shout.

We are inviting all New Zealanders to join us in thanking these people and being part of the Mighty Morning Tea Shout. All you have to do is decide who you would like thank and then make and deliver morning tea to them on **Wednesday, 29 July.**

There is no wrong way to say thank you and it really is the thought that counts: we are saying a massive thank you to people who deserve it. It is that simple.

NZI Rural Women NZ Business Awards 2020

Entries close Friday, 31 July





Kia ora tātou

Well, what a very different few months we have been through. Four months ago when we met in Wellington for the Leadership Workshop, I had no idea that it would be my last trip on a plane for months and that the Golden Shears in early March would be my last trip to Wellington until mid June.

The resourcefulness, resilience and kindness of the rural communities in which we live has been inspiring. We are used to adverse events, both environmental and financial, and this was very evident in the way we put our heads down and proved again how important the rural sector is to New Zealand. We also understand stocking up the cupboards to be prepared and are quite used to our own company, so this made the transition to lockdown possibly not as challenging as for others.

The issues surrounding rural connectivity were certainly front and centre, especially in the first few days of lockdown where digital connections couldn't cope with the pressure on the networks and then again when home-schooling started. I frequently had to leave my bubble or head up high on the farm to participate in calls on my cellphone when my internet was either being used by the children for school or was running too slow. However, the views from the top of the hills were spectacular - how fortunate we are to live rurally and have the space and work we enjoy to keep us active.

I would like to acknowledge the hard work by our Office Team, Leadership Team and all our Members in supporting others through the tough time. The number of communications that went out in many forms ensured that people were not isolated during challenging and uncertain times. I heard of messenger groups, phone trees, Zoom meetings as means to maintain connections. I also heard of neighbours and friends shopping for others, dropping off much needed supplies including meals and baking left in letterboxes.

We were regularly asked for our advice and thoughts on a range of issues from a number of agencies and organisations, so the work for the Office Team and Board continued while we worked remotely - a real challenge at times. Thanks to those who kept in contact and helped with this work.

We have been investigating ways we can show our thanks to our essential workers, along with those others who supported us all through the COVID-19 pandemic. Every one of us know people who worked or helped others during lockdown. Who can you think of?

As a way of saying thank you, RWNZ is launching the Mighty Morning Tea Shout on **Wednesday, 29 July**. We will be encouraging everyone to hold a morning tea or take morning tea to those we want to thank - health workers, supermarket workers, farmers, posties, the plumber who fixed your hot water cylinder, the friends, neighbours and communities that supported others to get through. Let's

celebrate these people and the team of 5 million who got us to where we are. All those baking skills we sharpened over lockdown will come in handy, or you can support local bakeries or cafés by buying or holding your morning tea there. We want all of New Zealand to join us in saying a collective thank you.

Certainly, COVID-19 threw a spanner in many works – there was no ACWW South Pacific Area Conference in Papua New Guinea, no Fieldays at Central Districts or Mystery Creek and plans for Conferences, AGMs and events had to be cancelled or postponed.

But there is plenty for us to do now we are able to meet again. Firstly, the NZI Rural Women NZ Business Awards 2020 have launched with a much shorter entry period – entries close on Friday, 31 July. Please look around and invite and encourage those amazing women who own and operate rural businesses to enter. We want to celebrate these businesses and their resilience, their innovation, their forward thinking and help them support their local communities – there is no better time than now. I'm looking forward the Awards Celebration Dinner on Friday, 20 November in Wellington.

The Policy Manifesto has been produced in time for the General Election this year. It is very helpful and explains RWNZ policies on several issues as a strong and credible voice for rural communities. Please do get some sent to you, along with the "Elevator Pitch" brochures, from National Office.

We have resumed Branch and Group Meetings, preparations for our AGM and the National Board Elections. These are opportunities for Members to step up, be involved and support the amazing work of RWNZ and also possibilities for personal skill growth. Don't be scared to have a go! The opportunities are amazing and I have certainly had plenty of incredible experiences over the last few years.

At the Leadership Workshop in February, work began on a new membership campaign - **Plus 1**. The challenge is for every member to attract and sign up one new member in the next year. RWNZ wants and needs this boost in membership to remain sustainable. We are looking at incentives to encourage you to take part so accept the challenge:

How many +1s can you get?

As we settle into our "new normal" it will be important for us to connect with and support our rural women, their families and their communities. Let's look at some innovative ways we can do this. I look forward to seeing and hearing what these might be.

Ngā mihi nui

Fiona Gower

National President

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National President International Portfolio

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Dates for the Diary

Thursday, 16 July: Region 7 AGM – Whangarei

Tuesday 21 and Wednesday 22 July: Region 3 Conference - Westport

Friday, 24 July: Region 2 Conference – Ashburton

Friday, 31 July: Deadline - Entries close for the NZI Rural Women NZ Business Awards

Friday, 31 July: Deadline for Statements of Service Performance to National Office

Friday, 31 July - Sunday, 2 August: Region 4 Winter Fest and AGM

Friday, 14 August: Region 5 Conference - Tauranga

Saturday, 15 August: Deadline for End of Year Financial Reports to National Office

Thursday, 19 September: Suffrage Day and General Election Day

Thursday, 15 October: International Rural Women's Day and ACWW Women Walk the World Day

Friday, 20 November: RWNZ AGM and the NZI Rural Women NZ Business Awards - Wellington

Welcome to New Members

Toni Croon

Annabelle Gourlie

Renee Harrison

Dawn Farley

Rebecca Andrews

Greg Chubb

David Bleackley

Anne Jakeman

Leigh Richardson

Kirstin Engelbrecht

Nicki Prentice

Lucy Tayler

Pauline Fraser

Kathy Gruschow

Shona Cardwell

Simon Beckwith

Rebecca Pohe

Leanne Schmidt

Mary Nowotarski

Mavis Tweedie

Kate Dawson

Dianne Robinson

Caroline Hall

Tips & Tricks for supplying images and text for publication

We really enjoy hearing about the amazing range of activities and events that take place around the country. We regularly receive feedback that one of the best parts of the Express or e-news is reading what other Members are doing. To help us do the best job possible in reporting your events, here are some guidelines for supplying information for publication:

Send good quality, high resolution images. Usually these will be the original image, either a digital image or photograph. Scanned images may be able to be used if the resolution is high enough. Photocopies and files that have been reduced in size are often difficult to work with. The best file format for images is jpeg/jpg as it works on our mail and print platforms.

Send the images and text as separate files. This is because we often have to re-format files to make them work in our mailing programmes and to print in the Express.

Include a description of the event, when and where it took place in your email/letter or as a Word file or PDF attached to your email.

Identify the people in the photos so we can include their names in a caption for the photo.

Tip: When you are organising an event, delegate the task of taking a photo and writing a few words to one of your group.



RURAL WOMEN NEW ZEALAND PLUS ONE

RWNZ +1

Since 1925, Rural Women New Zealand has been built one member at a time.

One by one, the Women's Division of the Farmers Union membership brought together New Zealand's strong and dedicated women. Through friendship, shared experiences, and their commitment to support each other, one by one RWNZ has become a force. RWNZ is a highly respected voice ensuring that New Zealand's women and their families are counted. RWNZ is a "boots on the ground" response team for adverse events. RWNZ is a circle of friendship to celebrate with and lean on through life's events. One by one, we create an alliance of women laser focused on improving, empowering and growing our community.

Today, the challenges we face may look a bit different than they did nearly 100 years ago. Yet, the need to credibly and fiercely advocate for women and their communities has only increased. We know that there is greater power in numbers. We know the more powerful we are the more we can do for one another and our communities. We know, now more than ever it is time for our power to surge. This can only be done by bringing women together one by one. If each of us bring a plus one to the strength of RWNZ, imagine what we can do.

This year, we all need a **plus one**. Through our "RWNZ +1" initiative we will all be given the opportunity to generate the power needed to continue the legacy of our work. It is time to strengthen our foundation and continue building upon the critical role we play in the lives of women. RWNZ after all are mothers, daughters, sisters, friends, neighbors, teachers, farmers, nurses, doctors, counsellors and much more. Each of us has a +1 that cares about the same issues we care about. We have a +1 that wants to stand with women in friendship. We have a +1 that recognises what women are capable of when they band together.

How do you find a new Member?

How often do you hear someone say, "My mother, aunt, grandmother was a Rural Women member?" This is our challenge: we need to grow the next generation of like-minded women to carry on the excellent legacy left by earlier generations. Give the gift of a RWNZ membership or encourage someone you know who cares about the wellbeing of our rural communities, would relish the chance to be part of an organisation committed to rural women and their families or might be seeking the chance to develop new skills this year. Prospective Members don't have to live rurally – they just need to care about rural New Zealand.

REMITTS

Pursuant to RWNZ policy, the RWNZ National Board is calling for the submission of proposed Remits which must be sent to the National Office by Tuesday, 21 July 2020. The RWNZ Remit Template and Guidelines are available on the Members Zone of the RWNZ website.

MIGHTY MORNING TEA SHOUT

**On 29 July RWNZ Members
will be baking morning tea to
thank those who helped
others out during Level 4
lockdown.**

During Level 4 lockdown, many New Zealanders have honed their baking skills and created yummy treats for the people in their bubbles.

At the same time, some New Zealanders worked through the lockdown because they were our essential workers. Lots of people helped their friends and neighbours too.

Rural Women New Zealand wants to say a huge thank you to all the people who helped to keep us safe during lockdown and we want you to help us do this.



Join in by making morning tea for essential workers and other people who helped out where you live by making and delivering morning tea to them on Wednesday, 29 July.

Awahi mai awahi atu.

(I give to you and you give to me.)

**FOR MORE INFORMATION
CONTACT RWNZ NATIONAL OFFICE**



RURAL WOMEN NEW ZEALAND SUMMIT 2020

The unwelcome arrival of COVID-19 has played havoc with all the carefully arranged plans that were firmly in place for the Rural Women New Zealand Summit in November. It was definitely a case of the best laid plans of mice and (wo)men going awry. For many weeks we have had no idea as to whether we would even be able to meet in November, let alone make travel arrangements, accommodation bookings and arrange catering.

In light of the changed circumstances, RWNZ has opted to reshape this year's Summit so that we will be able to be nimble and responsive should we find ourselves climbing the lockdown ladder again.

One of the silver linings of the COVID cloud has been that we have thought about new ways of keeping in touch with each other and creating new connections. We are going to use these to enhance the way that we present this year's Summit. This will also help us address the some of the feedback we received following last year's Summit.

So, there has been a change of plans. The RWNZ Annual General Meeting and the NZI Rural Women NZ Business Awards 2020 will take place on Friday, 20 November in Wellington. The AGM will take place during the day and the Awards will be held in the evening. Both will be held at the same venue – The Old Public Trust Hall – which is a beautifully restored 1908 building on Lambton Quay (pictured). During the excellent refurbishment and earthquake strengthening work on the building, the owner took the opportunity of installing event and conference facilities including lighting, audio visual, a full commercial kitchen and even a dance floor.

Because the audio visual capabilities are so good, we are intending to offer the option of attending the AGM in person at the Hall and also, for the first time, online to those who wish to do so. This exciting possibility will mean that those that are unable to travel can still attend the AGM. Another possibility is that groups of Members might consider getting together and joining us remotely for

the meeting and a shared lunch. We are especially looking forward to sharing the wonderful heritage of RWNZ while enhancing participation through technology.

Members have also asked us to make more time for discussions and workshops on RWNZ policies. In the wake of COVID-19 we have decided to create a Summit Policy Series which will run via webinar over a number of weeks later this year. This format will allow more time on each topic, greater flexibility in timing, more opportunities to participate, a greater range of subject matter and the potential to have a wide range of specialist speakers at each webinar regardless of what level we may be at. Again, these webinars may be a chance for a group of Members to come together and join the webinars to contribute to the development of RWNZ policies. The dates and times of the webinars have not yet been settled so please advise National Office if there are particular times that would be suitable.





NZI Rural Women NZ Business Awards



Do you know a woman who owns and operates a rural business and deserves to be nominated this year? Could she be an Award winner and finalist for the Supreme Award? If you think you do and you are a RWNZ Member, you could also win. If you identify a possible entrant who wins a Category Award, RWNZ will give you a free ticket to the Awards Presentation in Wellington so you can cheer your nominee on in person on the big night.

For more information on the Business Awards, please visit the RWNZ website or phone National Office.

RWNZ encourages and supports entrepreneurship of women who own and operate businesses in rural New Zealand and many Regions invite local women business owners to their events throughout the year.

We celebrate the success of women in rural businesses through the annual NZI Rural Women NZ Business Awards.

Entries for this year's Awards close on Friday, 31 July 2020. We are now seeking entries and this is a wonderful opportunity to nominate the rural women in your communities that have worked hard to build successful businesses. Entries are sought in seven Award categories:

Emerging business: Awarded to a business starting out in its journey and achieving exceptional results. Open to businesses that have been running from 2 – 5 years.

Love of the Land: Harnessing the potential of New Zealand's land, environment or products of the land, to create a successful business enterprise.

Creative Arts: A business specialising in the creative arts working in a rural environment or using rural materials.

Innovation: An enterprise that challenges the status quo to bring something new and innovative to the market or utilising rural resources in an innovative way.

Rural Champion: A person or business who champions the rural sector, a rural enterprise or provides a service to a rural community; an outstanding contributor who consistently goes above and beyond the norm in their support for the rural sector.

Rural Health and Wellness Excellence: Recognising a business that makes an outstanding contribution to supporting the health and wellness of our rural communities in New Zealand.

Bountiful Table: A rural business that embraces diverse and unique natural resources to deliver exceptional food and/or beverage.

A **Supreme Winner** who demonstrates excellence and outstanding achievement across all judging criteria will be chosen from the Category Finalists and this Award will be announced at the Awards Presentation on Friday, 20 November in Wellington.

The Archives Project

Rural Women New Zealand Incorporated will celebrate its centenary in 2025.

Over the decades Members of RWNZ have embarked on an enormous range of work, projects, events, celebrations and competitions as they have worked to support, strengthen, encourage and grow their rural communities.

The records and mementos of this work are located all over the country, having primarily resided with local Members and Branches. Some of these items are clearly recognisable as archives – they might be a box of Minute Books or a collection of photos. Others are more unusual, some of which have been created by Members for particular events or special usage.

At the National Conference in 2017, a Remit was passed which recognised the value of RWNZ's historical records and archives and created the mandate for the Archives Project. That Remit provided: **“That Rural Women New Zealand preserves the past for the future.”**

Members of Rural Women New Zealand were concerned that many repositories throughout the country which held early RWNZ records were closing and divesting themselves of surplus material and that those records were at risk. The Remit also acknowledged that many early records are held privately and as Members circumstances changed, there was more potential for them to be inadvertently lost or destroyed.

Since the Remit passed, National Office staff have been investigating options to progress this project including the types of preservation that can be undertaken, obtained estimates as to the cost of these, consulted an archivist on possible methodologies and the archives currently located at National Office have been organised and are ready for cataloguing.

There is only one way to start this project and that is to determine the scope of the material we will be working with. As noted earlier, much of this is located with Members around the country or in local repositories. For our RWNZ archives project to succeed, we need to catalogue what we have and where it is located. We need as many Members, Branches and Regions as possible to help us with this task. Once we know what we have, we can determine the most appropriate processes to preserve the RWNZ Archives for the future.

What would be included in the RWNZ Archives?

As noted earlier, RWNZ has a huge range of archival materials. Here are some of the main categories:

- Documents: Correspondence, financial records, certificates, legal documents, architectural plans
- Photographs
- Records: Minute Books, membership records, business records, competition entries, Annual Reports and financial reports, Remits
- Furniture and other constructed items: Chairs, lecterns, display cabinets, trays and purpose built items

- Trophies and Awards: Cups, plates, platters, medals, membership awards and pins
- Recordings: Film, video, CDs, records, cassettes
- Textiles and fabrics: Table clothes, banners, linen, clothing, all woollen and other fabric based craft items
- China, glassware, pottery
- Publications and written submissions: Books, magazines, booklets, pamphlets, submissions on issues and policy
- Paintings and artworks
- Display items: Posters, banners, information and publicity materials
- Branded items: Promotional and publicity items for sale, cases, badges.

This is not an exhaustive list of everything that we will uncover in our search. However, it does provide an indication of the range of materials we wish to catalogue.

Stage One of the Archives Project is to locate and list all the materials held by Members, Branches, Provincials and Regions. So that there is some uniformity in the information gathered we have prepared an Archive and Record Collection Sheet which is included in this Express and will be available on the RWNZ website. Please print as many copies as you need. There is also a template to continue Part 3 if the collection you are listing requires more than one page.

This Archive and Record Collection Sheet is easy to use. Here are some tips on what information to include on it:

Part 1: This is the information about the date the sheet is filled in, by whom and where the items are or have most recently been residing. The Provenance section tells us the heritage pathway of the items and places them in our RWNZ timeline.

Part 2: Because of the huge range of materials as described earlier, a record sheet might be used to describe a single item (such as a large banner or a trophy) or a group of items together (such as a box of photos or envelope of documents).

Part 3: If the record sheet is being used to list a group of items as noted in Part 2, Part 3 is the the place to list the contents of the group. If you locate archives that are in a group it is important to keep them in the order you find them. You can list a group of items together (ie: a series of letters can be listed together and identified “correspondence about a specific subject” or a collection of photos as “photographs of a particular occasion”). Remember to note what the specific subject is or the occasion the photographs were taken on the Collection Sheet.

Once you have completed any Archives and Records Collection Sheets, make a copy to keep with the Archives and send a copy to National Office to lisa.thompson@ruralwomennz.nz or by post to PO Box 12-021, Thorndon, Wellington 6144. If you have any questions or would like to know more about the Archives project, please call Lisa on 0800 256 467.

Archives and Records Collection Sheet



Part 1: Administrative Details

Date of listing	
Name of recorder	
Location of the items	

Provenance: Where are the items from?

Region	
Area	
Provincial	
Branch	

Part 2: What are you listing? Is it a Single item or a Collection of items?

Single item <input type="radio"/> Yes
Brief description of item:
Is the item in current use? <input type="radio"/> Yes <input type="radio"/> No

Collection of items <input type="radio"/> Yes
<input type="radio"/> Box <input type="radio"/> File <input type="radio"/> Envelope <input type="radio"/> Folder <input type="radio"/> Other (please specify)
Does the collection have a label or identifying name?

Part 3: List the details of a collection in this part

Date	Brief description of the item(s)

FOR NATIONAL OFFICE USE ONLY:

Accession #	Location:
Accession Date:	Series Title:
Retention Period:	Destruction Date:



AUSTRALIAN BUSHFIRE RELIEF

The funds raised by Rural Women New Zealand through our Australian Bush Fires Fundraising Appeal have been sent to Country Women's Association of Australia's chosen recipient, BlazeAid.

Since the bush fires, many rural communities, including many of CWAA's Members, have been further affected by extreme droughts and most recently, COVID-19. As a result, CWAA asked that RWNZ send the funds raised directly to BlazeAid which is a volunteer-based organisation that works with families and individuals across rural Australia after natural disasters and rebuilds fences and other structures that have been damaged or destroyed in the bush fires.

RWNZ has received a message from Debbie Buttler on behalf of BlazeAid truly thanking us for our wonderful donation of AUS \$11,610.90. It is heartening to know that these funds will help rural communities at a grassroots level. Thank you to everyone who made this significant contribution possible.

PHOTOS © Monique Satchell





Competitions & Awards

RWNZ's competitions and awards were discussed and reviewed by the Leadership team at their meeting. There were some excellent ideas for new competitions and suggestions on how to revamp some of our existing competitions. All the ideas are being collated together for further review by the Leadership team.

In the meantime, we have much pleasure in announcing that entries are open for the Marlborough Short Story Competition and the Olive Burdekin Prize for Advanced Writers 2020. The title and theme for this year's competitions is "**Fundraising**". Your story should describe a humorous event or a disastrous event while fundraising (rather than how you fund raise or what you fund raised for). A subtitle may be used.

Marlborough Short Story Competition

This competition is open to all amateur writers who are Rural Women New Zealand Members and who have not won this competition for the previous two years, or had their writing published - apart from contributions to newspapers, the Rural Women Magazine or the RWNZ Express magazine.

The story should not contain more than 1000 words, with a minimum of 600 words. The number of words must be written in top left corner of first page. Please do not put your name on the story.

Entries must reach the Convenor no later than the date notified each year and must bear the full name and address of the writer, the name of the Provincial and Branch (if applicable).

Stories must be written or typed on one side of the paper only, and envelopes or emails clearly marked "Marlborough Short Story".

Winners will be announced at Summit 2020 and a presentation of the Marlborough Tray and a book voucher is awarded each year to the winner.

Rural Women New Zealand appreciates the contribution of the Marlborough Provincial in sponsoring the award and managing the competition.

Olive Burdekin Prize for Advanced Writers

This section is for Rural Women New Zealand Members who are not eligible to enter the Marlborough Short Story Competition. They are either previous first place winners from the past two years, or have had articles or books published.

Judging will be on 'Short Story' form but may be based on historical memories.

The story should not contain more than 1500 words or less than 1000 words. The number of words to be written in top left corner of first page.

Stories must be typed or handwritten in black on one side of paper only, and envelopes and emails clearly marked "Olive Burdekin Prize for Advanced Writers". Competitors please keep a copy as stories sent in will not be returned.

The winner will be announced at Summit 2020. Prize money is sponsored by Olive Burdekin of Region 3 and remains managed by Region 3.

The closing date for entries for both competitions is **Monday, 31 August 2020**. Entries should be posted to Mrs Jennifer Wiese, 25 Tirimoana Terrace, RD1, Picton 7281 or by email to: jen.wiese@icloud.com

Speech Competition

The topic for this year's Speech Competition has been announced and is: "**Life during lockdown**".

The competition will be held in Wellington in conjunction with the Annual General Meeting on Friday, 20 November.

This contest is open to one contestant only from each Region. Details of each Regional representative entrant must be provided by email to competitions@ruralwomennz.nz or post to the RWNZ National Office no later than Monday, 2 November. The contestant must be an current financial RWNZ member.

Each speech shall be no less than four minutes and no more than five minutes in duration. If a contestant speaks for longer than the five minutes allowed, penalty points will be deducted. One (1) point for every 10 seconds overtime will be deducted.

Two prizes will be presented. The first is the **Tarrant Bell** which will be awarded to the Best Speech as judged according to the Contest Rules. The second prize is the **Tutaenui Bell** which will be awarded to the Best First Time Entrant.

National Office Report

Well, it is quite difficult to know where to start this report. We find ourselves mid-way through the year after a rollercoaster first 6 months. It was full steam ahead during January and February and most of March. We were well advanced on plans for the Summit, Fieldays and the March edition of the Express. However, production and mailing of the March Express, which was scheduled to print on Thursday, 25 March, was abandoned as the country entered level 4 lockdown. The National Office team left the building to work from home on the vast amounts of information, requests for help and advice, and managed the changes to meetings and plans for later in the year.

During lockdown the National Office team met daily via our new best friend, Zoom. It was great to have the constancy of seeing each other and being able to discuss what we were all remotely working on. We also continued our commitment to obtaining the perfect 10 out of 10 in the daily quiz – a feat that we achieved on several occasions.

As noted above, we received massive amounts of information that required distillation before sharing with Members online through Members Advisories. A new online publication was born which is called the Expresso. These short, newsy bulletins have been very well received and we plan to continue them.

We started returning to the office on 18 May while making arrangements to follow level 2 protocols. These included a maximum of three of the team in the office at a time, no external visitors, lots of hand sanitiser and appropriate physical distancing. Following the announcement that we were moving to level 1, these restrictions ended and the band is back together again.

We are now in the busiest phase of the year as it is the end of our financial year and the enormous task of preparing the consolidated accounts and Statements of Service Performance starts. It is also time for membership renewals and we have undertaken a significant project in providing an online renewal option for Members this year.

The NZI Rural Women NZ Business Awards 2020 are open for entries and planning for the Mighty Morning Tea Shout which will celebrate our collective efforts in our response to COVID-19 is well under way. This fantastic celebration and thank you to everyone who played their part, was an essential worker or was one of the thousands of people who supported their neighbours and communities during level 4 will take place on Wednesday, 29 July.

COVID-19 has forced a rethink about how we meet together and we have integrated this into our revised plans for the Annual General Meeting, the Business Awards and a Summit Series on policy matters.

Lockdown also gave us the opportunity to do some much needed housekeeping on our files and systems while the business as usual of RWNZ – the management of the accounts, correspondence and enquiries – all continued seamlessly.

Work also continued on the development and presentation of RWNZ policy. The 2020-2023 Policy Manifesto is completed and copies are available from National Office. Angela continued work on submissions on upcoming legislation. One matter that did not proceed to our satisfaction was the inability to arrange time with the Epidemic Response Committee during lockdown. The Committee heard from a variety of organisations during its numerous sittings. However, efforts by RWNZ and many other representative women's organisations to present to the Committee were unable to be accommodated. Given the growing international recognition of the difference in the experiences and impacts of COVID-19 on women, the lack of consultation with women by this Committee leaves a lot to be desired and the Board has expressed these concerns through the appropriate channels.

It has been heartening to hear of all the meetings that have been taking place in the last couple of weeks. We look forward to hearing about them from you for inclusion in the next Express.



*Meeting during lockdown.
Lisa and Felicity obeying social distancing requirements on our first day back in the office.*



TO DO LIST

July

- Renew your membership of RWNZ
- Nominate an entrepreneurial rural woman for the NZI Rural Women NZ Business Awards. (Entries close on Friday, 31 July)
- Submit Remits for consideration at the RWNZ Annual General Meeting (deadline Monday, 20 July)
- Complete Statement of Service Performance and send to National Office (deadline Friday, 31 July)

August

- Complete and submit end of year Financial Reports to National Office (deadline Saturday, 15 August)
- Nominate a Member for National President or the Board (Nominations close on Friday 21 August)
- Submit Branch, Provincial and International Officers Annual Reports to National Office (deadline Monday, 31 August)
- Enter the Lady Blundell Tray for Best Project (deadline Monday, 31 August)

September

- Nominate deserving Members for the Olive Craig Member of Excellence Award or for a National Service Award (deadline Friday, 4 September)
- Vote in RWNZ's National Election (postal vote)
- Suffrage Day (Saturday, 19 September) – vote in New Zealand's General Election



Help Required

The Sheep's Back requests the help of RWNZ members for classroom assistance for children learning how to knit throughout New Zealand.

School knitting kits are available to purchase from The Sheep's Back (see below for details about the kits). But the practicality of teaching children this craft in a classroom situation can present some difficulties if the teacher does not have classroom helpers readily available in the form of community members, parents, grandparents etc.

What's required?

Schools may need help connecting with local knitters that may or may not be RWNZ members. Other schools may struggle to find anyone to help at all and need the assistance of RWNZ members if possible. Every situation is different but The Sheep's Back would like to have the support of RWNZ members and their extensive network so that schools know there is a point of contact **within their community** to either help put them in touch with knitters willing to help, or provide help themselves.

What's involved for classroom helpers?

Typically the children learning to knit need to be in groups of no more than 5 with a helper for each group initially. Then as they progress they can be left to their own devices but with help available should they need it, so the real man-power required is in the initial learning stages. I expect the knitting would take place on a daily basis for up to a week, then perhaps just once a week for trouble-shooting. Helpers do not need to provide any materials - these are all included in the kits.

Contact me

If you would like to discuss anything further, please contact Andrea Bulleid on 027 3596714 or e-mail: thesheepsbacknz@gmail.com.



Shepherdess

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WAYS TO COME TOGETHER

Many Branches hold commemorative events such as ANZAC Day as part of Rural Women New Zealand’s rich heritage. These events continue to be a great way to bring communities together.

RWNZ is a member of the international organisation Associated Country Women of the World (ACWW) and 29 April is ACWW Women Walk the World Day. Each year people worldwide celebrate ACWW’s international network by joining together to Walk the World. They walk locally but we think globally. As a result of COVID-19, ACWW has rescheduled this year’s Walk the World date which will now be held on International Rural Women’s Day - **Thursday, 15 October.**

The aim of each of these walks is to raise awareness of ACWW’s work, to promote ACWW and raise funds to help in its work in raising the standard of living of rural women and their families through education, training and community development programmes, and supporting educational opportunities for rural women and girls. ACWW also works to help eliminate gender discrimination and has over 9 million members in over 70 countries.

Members often get together to celebrate and fundraise for ACWW on or around this day. If you organise a Walk in your area, send a photo to National Office to include in the Expresso or the Express.

Meeting together for a walk for Women Walk the World is one of the ways Members can take part in RWNZ. Something special happens when Members get together and this goes to the very origin of RWNZ. RWNZ was established to support rural women facing isolation and to

connect with like-minded women throughout our country.

Members meet and come together in lots of different ways: they attend meetings, organize community events, meet for dinner or a film, fundraise and provide support in difficult times. The Leadership Team discussed this at their February workshop and the importance of how we meet together and how this relates to growing RWNZ’s membership during this year.

One of the most important ideas was that joining and attending RWNZ occasions was about MeTime – opportunities for Members to embrace ideas, experiences and causes that are important to them. If we start to think about creating MeTime this opens a huge range of possibilities for RWNZ events and meetings. This may also be a great way of including Individual Members at times of the day or events that appeal to them. In a lovely analogy, one attendee spoke of “creating a place at our table for everyone.”

Others spoke of being inspired by what is happening in other Regions and that it was great to share different ideas and approaches. Some were interested in providing learning opportunities for women in their communities, while others were interested in making MeTime for over committed, time poor, younger women.

RWNZ National Office is committed to helping get events and projects in the Regions. If you would like to discuss a project or help in putting an event together, please call RWNZ’s Events and Projects Manager, Lisa, at the National Office.

Education Fund Grant Recipient

A grant has been made to Vicki Whittington of Franz Joseph Glacier in Region 1.

WHO WOULD HAVE THOUGHT THERE WOULD BE SO MANY USES FOR A PEG BAG?



The brilliant and creative women of RWNZ did. Many of you accepted the challenge to suggest additional uses for the fabulous RWNZ peg bags. While we found each of the entries were genius, a challenge must include a winner and a prize.

And the winner(s) are (drumroll please):

Dishwasher Safe Toywasher: Andrea Rowe

Time to tidy up those toys strewn about and give them a good washing? Legos, plastic animals, cars, tractors and all those bits and bobs the kids love to play with can be collected in your handy peg bag. Then toss your peg bag in the dishwasher on the top rack to get those toys sparkling clean.

Toy Filter System: Vicky Beckwith

How else are you going to fish all those little Hot Wheels Cars out of the sand pit? Use your peg bag to grab all those tiny cars and trucks that get lost in the sand pit, then give them a good rinse right in the bag and hang it on the line to let them dry.

Well done, Andrea & Vicky. You will both be receiving a RWNZ peg bag.

You can test out some of these other fabulous suggestions we received:

Whitebaiting Bag With a few larger holes in the bottom of your peg bag, when you scoop up the Whitebait the water and the Whitebait drain through and the smelt remain. You are left with good, clean, fresh Whitebait.

Forage Wash Bag Collect the fruits (and veg) of your labour and give them a good wash right in your peg bag with water or your preferred fruit and vegetable spray.

Defrost Supper When you pull the meat out of the freezer, drop it in your peg bag as it thaws. Mince, a whole chicken, fish or whatever is on the menu. It also works great for any of those other frozen items you need a container to set them in while they thaw.

Water Filter System The mesh base of the peg bag makes for an ideal water filtration system for anything. Whenever you are looking for that perfect container to hold that item you need the water to drain off of, grab your peg bag.

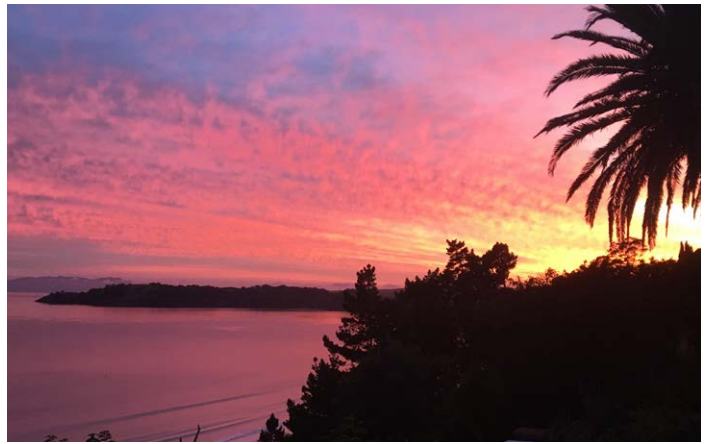
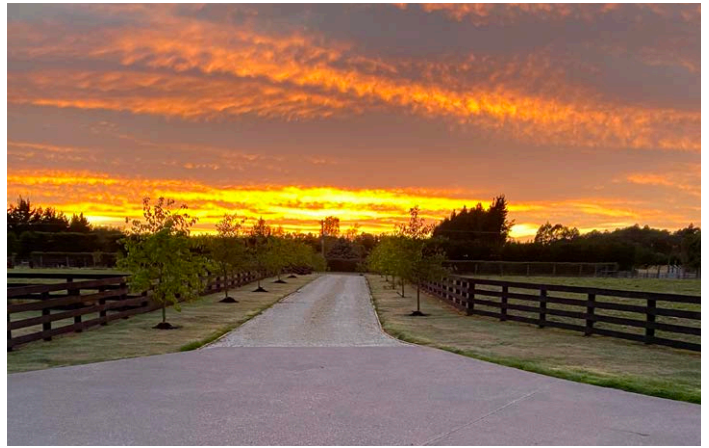
Dive Bag Grab that peg bag when you head to the ocean for shellfish or any other delicacies of the sea. Mud digging for Paua or TuaTua, bring your peg bag. Toss your scrumptious treasures in the peg bag and give them a good washing with salt water right in the bag.

Sturdy Tiered Planter Instead of a macrame hanging planter, tether those peg bags together and fill with plants.

Clean the Pipes Your peg bag is ideal for collecting the trash and rubbish at the end of the pipe when they get a good clean out.

Cat Proof Cat Food Storage Keep those packets and tins of cat food tidy and out of paws reach when you toss them in a peg bag and hang it up away from Whiskers.

Thank you all so much for accepting our challenge and thinking outside of the box, or bag in this case, to put those peg bags to good use. If you need a peg bag or two or three, pop onto the RWNZ website.



The RWNZ Photography Competition

Rural Women New Zealand is pleased to announce the launch of a new competition which is open to all Members.

Many of us live and work in remarkably beautiful parts of Aotearoa New Zealand and we thought that it is time to celebrate the spectacular diversity of our country. This Photography Competition is one of the ways we can do this.

The theme of the competition is **My Rural Paradise**. Twelve winning entries will be selected to feature in the Rural Women New Zealand Calendar 2021 which will be printed and available for sale in December.

How to enter

1. Send your full-size, high-resolution photos to lisa.thompson@ruralwomennz.nz by Tuesday, 1 September, 2020.
 2. Entries must be submitted in JPEG (or JPG) file format and no larger in size than 10Mb).
 3. Include your full name, phone number and address.
 4. Supply a brief (30 words max) caption that includes why this particular scene caught your eye, and information such as where and when the photo was taken.
 5. Photos must be taken in Aotearoa New Zealand.
- Please refer to the full terms and conditions.

PHOTO COMPETITION TERMS AND CONDITIONS

- Images should be submitted by email to lisa.thompson@ruralwomennz.nz with the subject line of Photography Competition Entry.
- You can submit as many entries as you like, but each entry must be in a separate email.
- To ensure your photos reach us, please ensure each image is no larger than 10MB.
- The closing date is 5pm on Tuesday, 1 September 2020.
- The competition is open to Members of Rural Women New Zealand.
- Late, illegible, incomplete, or corrupt entries will not be accepted. No responsibility can be accepted for lost entries and proof of transmission will not be accepted as proof of receipt. Entries must not be sent through agencies or third parties.
- All images submitted must be the work of the Member submitting them and must not have been published elsewhere or have won a prize in any other photographic competition. It is the responsibility of each entrant to ensure that any images they submit have been taken with the permission of the subject and do not infringe the copyright of any third party or any laws.
- Entrants must warrant that the photograph they are submitting is their own work and that they own the copyright for it.
- All entries must be received by the advertised closing time and date.
- Entrants agree that their images may be used by RWNZ in the Express magazine, the RWNZ website and social media channels and in any new RWNZ publications without charge.
- The Judges' decision is final and no correspondence will be entered into.
- By entering this competition, you agree to accept and be bound by these terms and conditions.

Queen's Birthday Honours



We were delighted at the recognition of the achievements of two of our Members in the Queen's Birthday Honours 2020 which were announced in early June. National President Fiona Gower has said how delighted and proud RWNZ is of **Melva Robb** of Marlborough and **Marie Taylor** from Hawke's Bay.



Melva Robb, QSM

Melva has been a Member of RWNZ since she was 12 years old and at the forefront of countless projects and campaigns that have supported and promoted rural women and their communities. Living in Marlborough has placed Melva in the midst of many of Aotearoa New Zealand's recent adverse events including the Christchurch and Kaikoura earthquakes, and the Nelson fires. Melva's ability to raise and co-ordinate on-the-ground support in an emergency is absolutely incredible. In addition to having held leadership roles at all levels of RWNZ, Melva is regularly the driving force behind local initiatives such as 101 Ways with Wool – an event which celebrated the wonderful diversity and sustainability of wool in Blenheim last year. She is well-deserving of her Queens Service Medal.



Marie Taylor, QSM

The annual NZI Rural Women NZ Business Awards are a fantastic opportunity to celebrate and showcase the entrepreneurship of rural women and we are thrilled that our Love of the Land and Supreme Award Winner from 2018, Marie Taylor, has received a Queen's Service Medal this year. Marie owns and operates Plant Hawke's Bay Ltd which supplies the region's revegetation market with eco-sourced, wholesale native plants. Her business is thriving and it has recently moved to a larger site and is expanding. Marie is recognised for her incredible contribution to conservation and the environment through Plant Hawke's Bay and as a trustee of Central Hawke's Bay native bush area Puahanui. She was also a member of the implementation group which wrote the Hawke's Bay Biodiversity Action Plan and was a regional representative on the QE II National Trust between 1990 and 2005.

Wild Jewels

Liza and Amy, with volunteers and support from **Wild Jewels**, started their philanthropic work by building a library to provide much needed books to Daasanach children living in and around the village of Ileret, 17 km south of the Ethiopian border. Liza has recently returned from Kenya after building another two classrooms to complete the El Bokoch Primary School. The next goal is to establish a dual high school to further provide educational opportunities to children living in remotest Northern Kenya.

Wild Jewels has two distinct collections. One focuses on freshwater pearls, crystals and semi-precious stones set in sterling silver. The other showcases finest quality paua to create a unique feature of their necklaces, earrings and bracelets - being reversible - to reveal elegant white mother of pearl on the alternate side. With quality workmanship and their heart-warming story, **Wild Jewels** go the extra mile and go to the end of the earth.

Congratulations to Melinda Harvey who has won our WildJewels competition. Melinda has won a fabulous necklace and earrings set (pictured).



FEET FIRST



Foot care is crucial for people living with any form of diabetes. Here's what you need to know.

Over time, high blood sugar can cause neuropathy (nerve damage) and poor blood circulation. It also raises infection risks, as bacteria thrive on sugar. These three factors can combine to cause serious problems for your feet. Fortunately, giving them some extra care can help a lot.

HOW IT WORKS

Neuropathy can cause tingling, pain and burning sensations in your feet, as well as numbness. When you can't feel parts of your feet, you sometimes don't notice cuts, sores and other damage. Sensations of pressure on your feet may also be reduced, causing you to walk or stand in ways that push your muscles or bones out of alignment.

Any foot damage can be made more problematic by the increased risk of infection. And, to top it off, slow circulation means wounds and infections heal more slowly. This can be a perfect storm of issues.

The worst-case scenario is that damage and infection increases in severity until amputation is required. A recent study found that, between 2005 and 2016, nearly 8000 New Zealanders diagnosed with diabetes needed lower limb amputations.

Many amputations are considered to be preventable if problems are picked up early on. This means you and your health professionals have roles to play when it comes to checking your feet.

FOOT CARE WHEN YOU LIVE WITH DIABETES

The longer you've had diabetes, the more important this advice is. If you have any nerve damage already, it's vital. However, these are useful practices for everyone with diabetes:

- Protect your feet. Avoid going barefoot, even at home.
- Don't wear tight socks or stockings.
- Choose shoes that fit correctly, with no areas that rub. Don't take risks wearing shoes that may cause discomfort or injure you, and get advice on your footwear from a podiatrist if possible. Ask about therapeutic shoes to reduce pressure on key parts of the foot.
- Have your feet routinely checked by a GP or other medical professional at least once a year. (It's a good idea to get a foot check even if you're visiting for a different main reason.)
- Check the temperature of baths before getting in to avoid accidentally burning your feet. Keep your feet away from direct heat like heaters, hot water bottles and electric blankets.
- After baths or showers, dry your feet well (wet skin is more fragile), but don't scrub them dry.
- Use a urea-containing lotion (such as DU'IT) to keep the skin on your feet supple.
- Cut your toenails straight across. Cutting them in a curve or into the corners can encourage ingrown toenails. File sharp corners.
- Check your own feet daily for issues like blisters, swelling, ingrown toenails, open cracks, calluses, corns, bruises, cuts, etc. Place a mirror on the floor to see under your feet, and ask someone for help if you can't see all the parts of your feet clearly.
- If you find an open crack or wound, immediately wash and dry the area, apply good antiseptic and cover with a sterile dressing.

FACTORS THAT INCREASE ULCER AND AMPUTATION RISK

- High HbA1c levels
- Peripheral neuropathy
- Cigarette smoking
- Anomalies in foot shape
- Corns or calluses
- Peripheral arterial disease (reduced blood flow in the legs that causes calf muscle pain)
- Eyesight troubles
- Kidney disease (especially if on dialysis).

WHEN TO SEE A DOCTOR STRAIGHT AWAY

If you have diabetes, see a doctor straight away if you're experiencing any of these things:

- Sharp leg cramps after short bursts of activity
- Unexplained pain, tingling, numbness, coldness or burning in your feet
- An injury that doesn't improve at all after 24 hours
- Redness, swelling or any other change in foot shape or colour.

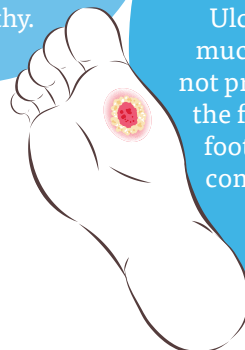
CAN NEUROPATHY BE HALTED?

Good blood glucose levels can potentially prevent or reduce the progression of neuropathy.

WHAT IS A DIABETIC FOOT ULCER?

Most diabetic foot amputations result from tissue damage and runaway infection that begins with ulcers.

Ulcers are areas on the body where the mucous membrane or skin is broken and not properly healing. Because of the risks to the feet associated with high blood sugar, foot ulcers are one of the most common complications of diabetes. Even though some ulcers do not hurt, every ulcer should be seen by your healthcare provider right away.



Obituaries

Isabella Merle Scott Wyllie (Merle)

11th April 1932 – 15th February 2020

Merle Wyllie was a valued member of Waipa King Country Provincial having started her early days as a member of the (now closed) Mangapiko Branch.

Merle took office on the Waipa Provincial before it amalgamated with King Country. She was Housekeeping Secretary from 1975 – 1982 and Provincial President from 1982 – 1984, stepping down from that position when she was elected to the National Council in 1984, a position she held for seven years becoming a Dominion Member of Honour in WDFE in 1991. On her return to Waipa Provincial she took on the role of Secretary in 1996 holding that position until 2004.

Merle was at the inaugural meeting of the Waipa Provincial set up in 1946 to further the work of the organisation. As well as supporting the National organisation the Provincial purchased land and erected a building for the use of all rural women when in town. In 1987 the Provincial was given permission to print 'Handy Hints', and then won the contract to re-print the WDFE cookbook. To celebrate the 70th Jubilee of WDFE NZ the Provincial invited members to send in their favourite recipes and WD Family Favourites was produced in 1995. Merle was right behind all these endeavours.

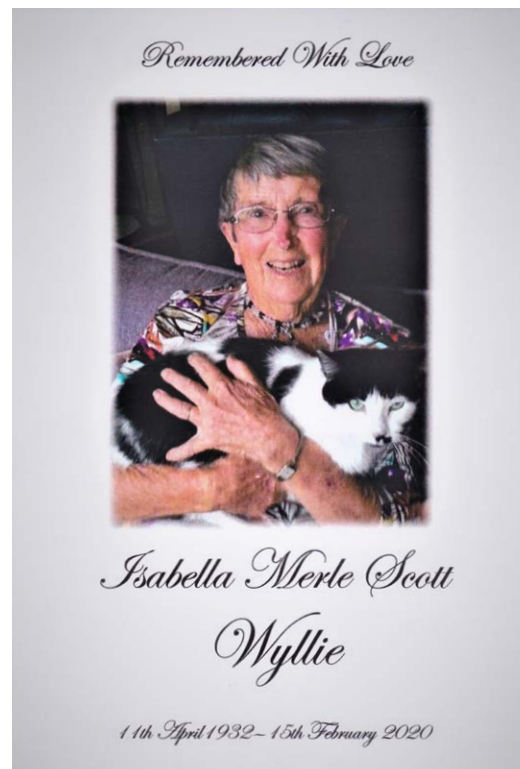
Merle was a regular at the National Fielddays assisting by manning and planning the rosters for one of the food kiosks and also assisting at the Federated Farmers stand.

She had a wicked sense of humour and will be remembered by some for a speech she gave at one RWNZ conference where she lamented the closure of so many rural services. To emphasise her points, as she spoke detailing each one (doctors, hospital, banks, post offices etc) she removed another piece of clothing from her person – until she was standing in her bra and knickers!

Merle loved her garden and it was filled with flowers throughout the year. She was a member of the floral art society. She was a great organiser and an excellent cook.

As well as a Rural Women Member, Merle was a Presbyterian Church elder, on the hospitality and finance committees, and a Sunday School teacher. She was an extremely competitive bowls player winning many championships, she worked in the canteen at the netball courts, was involved with Meals on Wheels and the local Pakeke Lions. When her children were at school she was on the PTAs, and coached tennis and netball.

A forthright and 'no nonsense' woman, Merle will be missed by each organisation, of which there were many, she was involved with.



Norma Cursons

Norma Madeleine Cursons, aged 93 years, passed away peacefully on 20 February 2020. Norma was a long time Member of the Spotswood-Moturoa Branch and served for several years as the International Officer on the North Taranaki Provincial where she was well respected by her fellow Members and contemporaries.

Norma was a regular and consistent attendee of all Branch and Provincial meetings until poor health forced her retirement. For many years, Norma set-up the church meeting space for Provincial meetings and liaised on behalf of the Provincial with church officials. She received a Provincial Honour in recognition of her helpful and happy association with all those she had contact with. Norma was also unofficially known as the Mayor of Moturoa by her neighbours and residents of the district.

We were very lucky to have known Norma – she brought a wonderfully bright spot into our lives.

Thanks to Ellen Burnard of North Taranaki Provincial Executive for this piece.



Daphne Crawford

Daphne Crawford was a loyal and hardworking Member of Millers Flat Branch. Daphne was especially active in catering for Dog Trials, weddings and funerals. She always attended meetings with new ideas for us to do and will be sadly missed by us all.

Thanks to Margaret Jane, Secretary of Millers Flat Branch for this item.

Farewell to Old Friends

Joan Paton - Hurworth Branch, North Taranaki - BLM

Daphne Crawford - Millers Flat Branch - BLM

Norma Cursons - Spotswood-Moturoa Branch - PLM

Barbara Coulter - Kaikohe Branch (formerly of Waimamauku)

Patricia Wright - Brightwater Branch - NSA, BLM, PLM

Heather Stuart - Bainham Branch

Hazel Hagan - Individual Member, latterly of Waikouaiti Branch BLM



ADVERSE EVENTS RELIEF FUND

The Rural Women New Zealand Adverse Events Relief Fund (AERF) was established to provide assistance to individuals, groups and communities in need after adverse events and natural disasters.

To help grow this fund, there are two products for sale, the proceeds of which go directly to the AERF:

RWNZ's pure wool, New Zealand-made **Aftersocks**, available online at www.aftersocks.nz or from the National Office.

Our popular **peg bags**. Each peg bag is \$25.00 plus postage, available to purchase from the National Office, or visit www.ruralwomennz.nz

Alternatively, donations can be made directly into the Adverse Events Relief Fund by bank deposit to the following account:

Account Name: **Rural Women New Zealand**

Bank Account: **06-0501-0778590-00**

Ref: **AERF**



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Sarah Percy (Registered Dietitian)
Sarah Donaldson (Clinical Psychologist)



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LEADERSHIP COUNCILLORS & AREA COMMITTEES BY REGION

Region 1 Lower South Island	Position	Contact Email
Pat Macaulay	Leadership Councillor	Pat.macaulay@outlook.com
Heather Smith		iahsmith@gmail.com
Virginia Broughton		broughtonvp@gmail.com
Sally Hammond		lrsjhammond@netspeed.net.nz
Elaine Sloan		sloanrimu1@xtra.co.nz
Gloria McHutchon		gloria_alexm@hotmail.com
Raewyn van Vugt	Area Committee Chair	whitegold@rivernet.co.nz
Judy Kingan		jaydeekgn@gmail.com
Margaret Pittaway	Advisory – Ex officio	lochlea@xtra.co.nz

Region 2 Canterbury	Position	Contact Email
Sandra Curd	Leadership Councillor	curd@xtra.co.nz
Beverley Forrester		forrester@amuri.net
Mary Watson	Vice Chair	mmf.wats@gmail.com
Christine Anderson		jcandynz@gmail.com
Margaret Chapman	Area Committee Chair	mgchapman@xtra.co.nz
Margaret Chapman [Hook]		randmchapman@hotmail.com
Elsa Hydes		esurya@hotmail.com
Cheyenne Wilson		ctkwilson@hotmail.co.nz

Region 3 Top of the South	Position	Contact Email
POSITION VACANT	Leadership Councillor	
Melva Robb	Area Committee Chair	melva@soundsreflection.co.nz
Diane Higgins	Secretary and secondary contact	dmhiggins@xtra.co.nz
Margaret Faulkner		NO EMAIL
Jennifer Wiese		NO EMAIL
Carolyn McLellan		balmac@xtra.co.nz
Carol Wells		NO EMAIL
Margaret Milne		margarwpt@kinect.co.nz
Dot Dixon		dotsf9@gmail.com

Region 4 Lower North Island	Position	Contact Email
Liz Hancock	Leadership Councillor	liz.hancock@ruralwomennz.nz
Pauline Masters	Area Committee Chair	paulinemasters@xtra.co.nz
Jean Coleman	Secretary	ngaios@farmside.co.nz
Helen Clark	Treasurer	trevorandhelen25@gmail.com
Liz Monk		liz.dennis@xtra.co.nz
Leonora Spark		ljnajsark@gmail.com
Shona Field		mtwilliam@inspire.net.nz

Region 5 BOP / Coromandel	Position	Contact Email
Sue Vowell	Acting Leadership Councillor & Area Committee Chair	tepudeer@xtra.co.nz
Chris Paterson		chrisjam@xtra.co.nz
Jo Gravit		pandjgravit@xtra.co.nz
Lyn Staples		urwinfarms@xtra.co.nz
Wendy McGowan		rusty_wendy@xtra.co.nz

Region 6 Greater Waikato	Position	Contact Email
Judy Board	Leadership Councillor & Area Committee Chair	judy.board@xtra.co.nz
Liz Morgan	Treasurer	lizziemorgan36@gmail.com
Karen Attwood		theattwoods@actrix.co.nz
Eileen Barker	Secretary	efbarker74@gmail.com
Parminder Singh		jyotijora@gmail.com

Region 6 Taranaki	Position	Contact Email
Shirley Read	Acting Leadership Councillor & Area Chair	sdread@xtra.co.nz
Joyce Lawrence	Treasurer	niaruo@inspire.net.nz
Margaret Vickers		r.m.vickers@xtra.co.nz
Jennie Purdon		chrisjen1@orcon.net.nz
Helen Bayliss	Secretary	harrybayliss@xtra.co.nz
Patricia Jones		colinandtrish@xtra.co.nz
Vivienne (Viv) Grigg		evgrigg@hotmail.com

Region 7 Top of the North	Position	Contact Email
Sherrill Dackers		sherrillmd@xtra.co.nz
Cynthia Williams		cynwilliams818@gmail.com
Mary Dale-Taylor	Treasurer	m.t.dale-taylor@xtra.co.nz
Noelene Price-Quedley	Secretary and secondary contact	noeleneq@hotmail.com
Christine Pikett		NO EMAIL



LEADERSHIP COUNCILLORS

Region	Name	Contact Phone	Mobile	Contact Email
1	Pat Macaulay	03 484 7006	027 201 6921	pat.macaulay@outlook.com
2	Sandra Curd	03 302 4754	027 324 5635	curd@xtra.co.nz
3	POSITION VACANT			
4	Liz Hancock	06 308 8812	027 486 0845	liz.hancock@ruralwomennz.nz
5	Sue Vowell (Acting)	07 572 0707		tepudeer@xtra.co.nz
6	Shirley Read (Taranaki)	06 752 3698	027 665 9047	sdread@xtra.co.nz
6	Judy Board (Greater Waikato)	07 872 4828	027 365 0998	judy.board@xtra.co.nz
7	POSITION VACANT			

waiting on NZI